A self-regulated learning program for high-ability individuals, using on-line tools

Carmen M. Hernández-Jorge¹
África Borges-del Rosal²

¹ Dept. of Developmental and Educational Psychology, University of La Laguna
² Dept. of Psychobiology and Behavioral Science Methodology, University of La Laguna

Spain

cherjo@ull.es
Abstract

Possessing high intellectual ability is no guarantee of academic success. In fact, the relevant literature often reports problems of delays in academic progress, as well as hyperactivity and attention problems in students of high ability. It is therefore relevant to design programs which help toward attainment of academic success. In this paper we present a virtual program, *Navegando en el aprendizaje* [Navigating through learning], based on learning strategies and self-regulated learning, and oriented to gifted students. The program’s purpose is to prevent academic problems, contributing to improvement of study skills and performance.