

Relationships between emotional and moral
development to be taken into account in the
educational setting:
Proposed intervention program.

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Abstract

Within the framework of Guidance for prevention and development, there is a need to investigate and put forward materials for educational practice, especially in less developed areas such as socio-affective and moral education. Education of the whole person requires including this content in the ordinary curriculum. At the present time there is a proliferation of studies and programs regarding emotional competency. In this paper we offer the latest research on what has been called the first condition for adequate development of this competency: emotional awareness. Research on this topic is not plentiful. Nonetheless, the main contribution of this study lies in seeing the connections between emotional awareness and the configuration of moral identity, and in making and evaluating an educational program where both dimensions are integrated. This seems to be necessary in order to avoid the case where persons are extremely skilled socio-emotionally, but use their competency for purposes neither humane nor humanitarian.

Key words: Emotional awareness; Moral education; Emotional intelligence; Personal and Social Guidance.